



## Sparta Superintendent Schwemmer's Scoop

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- **October is National Youth Substance Use Prevention Month.** We are finding an influx of students vaping. Last week I wrote about the ever concerning mental health challenges our students are currently facing. According to a new study, dependence on marijuana creates a 61% chance of developing a mood disorder and 49% for any anxiety disorder. I am also attaching a sheet on the short and long term health risks of alcohol, as well as a couple of informational sheets to help our teens.. Please talk to your kids about the dangers of substance use. We all know it takes one incident to alter lives forever.
  - Congratulations to the following students on placing at the final competition at the **Southwest Math Contest: Ruthie Pillers - 4th place, Sophie Wesbecher - 8th place, Isabella Braun & James Pillers -Tied for 2nd place, Jack Hamilton - 5th place**
  - Congratulations to our SHS Girl's Cross Country team for placing 2nd at the Conference Meet! Way to go **Elise and Sadie Hamilton, Chloe Adams, and Haley Drake!**
  - **SHS is selling Scoreboard Advertisements for \$150** to help support new team apparel for Bulldog Basketball. Contact Coach Beckley with questions!
  - Please take a moment to submit your nomination of an **OCTOBER SUPER STUDENT!**  
<https://forms.gle/fGE2g26j5sdOpHK68>
  - Our **STAFF SPOTLIGHT** this week is our **EAC PE/SS Teacher Mr. Jerry Carpenter.** Mr. Carpenter is a sports fan! He is enjoying his first year at EAC coaching and loves to spend time with his 3 boys and our Special Ed teacher at SLS and wife Kelly!
  - Mark your calendars! **Dairy Queen nights for PTO will be held on the following nights! 11/3, 11/10 (EAC), 1/5, 3/2!**
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### Upcoming Events

- November 2, 9, 16, 22, 23, 30- 1 pm Dismissal for Students
- October 28- No School
- October 31- Trunk or Treat
- November 2- College/Career Fair SHS 8:30 am-2 pm
- November 3- SLS DQ Night
- November 8- Election Day (No School)
- November 10- EAC DQ Night
- November 11- Veterans Day (No School)
- November 19- DC Trip Trivia 6 pm Lion's Club
- November 23-25- Thanksgiving Holiday