



Sparta Superintendent Schwemmer's Scoop

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- This week our challenge was, **"Turn the Other Cheek."** Hold in your mind the thought that those who have shown anger or negativity toward you are suffering somehow. Breathe in the wish to remove their pain and unhappiness, and breathe out and imagine them receiving your good wishes. The process can help you avoid becoming drawn into a spiral of negativity. While we can perform this exercise individually, discussing thoughts and experiences in a group setting can also be helpful.
- **Congratulations to SHS Spanish Teacher and Veteran Sra. Terry Mezo on receiving the VFW Teacher of the Year Award.**
- **SHS Class of 2023**, make sure you have purchased your Cap & Gown. In person ordering has passed but online ordering is still available. Order soon to avoid late fees!
<https://www.jostens.com/apps/store/customer/1073824/Sparta-High-School/>
- In an effort to get an idea for planning a potential **Red Raider's** season, please complete the link to provide feedback. https://docs.google.com/forms/d/e/1FAIpQLScYZ3nvwvhd2_sQxz6kCFcu4p00M-6dBOBUMKLMHfT8lqVIFQ/viewform?usp=sf_link
- **LifeSavers will be on WHCO next week Tuesday at 9:25 am** talking about what they do. Tune in!
- **Congratulations to Logan Shaw on competing in the District Agriculture Education contest and earning 1ST PLACE!** This girl is going places! The District V Agriculture Education Career Development Event was held on Tuesday, December 6th at Mt. Vernon High School. Students participating submitted a lesson plan, prior to the event, that they would teach to an Intro to Agriculture Education class. Participants then presented a ten minute segment of their designed lesson to a room of students while the judges observed. The individuals participating were scored on their lesson plan, delivery of lesson as well as follow up questions in addition to their provided reflection and a written test.
- Congratulations to **Madison Mahan, SHS Sr. for her commitment to playing volleyball at SWIC** next year!
- Congratulations to **the boy's bowling team setting the school 3 game team total record!**
- **2 more days for the SLS Jr Beta Canned Food Drive:** Class with the most cans will be rewarded with donuts! 🍩
- **SLS PTO Meeting 12/8 5 pm SLS Library!**
- **Our STAFF SPOTLIGHT this week is our SHS Cook Ms. Rhonda Shelton.** Ms. Shelton is a wise crack and loves to joke around. Spending time with her family and crafting are her things!
- **SCH Mobile Clinic Days-** SLS M, Tu, Fri 7:30-10:30 am; W 12-4 pm/EAC W 7:30-10:30 am.
- Mark your calendars! Dairy Queen nights for PTO will be held on the following nights! 1/5, 3/2!

Upcoming Events

- December 14, 21- 1 pm Dismissal for Students
- December 8- BOE Meeting EAC 7 pm
- December 13- WHCO People Speak
- December 21- End of 1st Semester/2nd Quarter
- December 22-January 2- Winter Break
- January 3- Teacher's Institute (No School for Students)
- January 4- Students return to school
- January 16- MLK Day- No School